



GREATER
MANCHESTER
TRAINING HUB

CPD Training for Primary Care Nurses and AHPs

Greater Manchester Primary Care CPD

2024/25



CPD Training for Primary Care Nurses and AHPs

Foreword

Welcome to the Greater Manchester CPD training brochure.

Within this document you will find a wide array of training courses. The courses in question are a direct result of a GM wide training needs analysis that was conducted earlier on in the year. The TNA garnered over 500 votes from the GM primary care workforce and led to us booking the forthcoming training modules.

In conjunction with GM locality leads, Greater Manchester Training Hub has listened to its primary care workforce and are proud to bring you training subjects from accredited and well-evaluated providers.

CPD Training for Primary Care Nurses and AHPs

Eligibility

- **GPN/Primary Care Nurse**
- **ACPs (Excluding Pharmacists)**
- **Nurses** (Adult, Children, Learning & Development)
- **Nurse Associates**
- **ANPs**
- **Paramedics**
- **Physios**
- **AHPs** (Art Therapists, Drama Therapists, Music Therapists, Chiropodists/Podiatrists, Dietitians, Occupational Therapists, Operating Department Practitioners, Orthoptists, Osteopaths, Prosthetists and Orthotists, Radiographers, Speech and Language Therapists)

CPD Training for Primary Care Nurses and AHPs

Paediatric Asthma – PCRTC

The Paediatric Asthma Course will help you to gain a solid understanding of the diagnosis, assessment and management of asthma in children. You will gain an understanding of the critical importance of accurate clinical history taking and will learn how carry out a detailed paediatric asthma patient review. The course content will also reflect changes to the National Asthma Guidelines that are due to be published in November 2024.

The course is delivered as 4 modules of learning:

- 1) The Epidemiology, Aetiology and Pathophysiology of Asthma in Children
- 2) The Diagnosis of Asthma in Children
- 3) The Clinical Assessment of Asthma in Children
- 4) The Management of Asthma in Children

The 4 modules are uniform in structure and size and consist of:

- Pre-module reading (*approximately 1 hour*)
- Live virtual teaching session (*2 hours*)
- Self-managed content and activities will flow in line with the course schedule and will be released following each live teaching session (*approximately 1-2 hours*)

One course comprises of four sessions. All training will be delivered virtually, and you must be available to attend all the following dates:

Course 1 : Wednesdays

Webinar 1 → 02/04/25 : 1pm to 3pm

Webinar 2 → 23/04/25 : 1pm to 3pm

Webinar 3 → 21/05/25 : 1pm to 3pm

Webinar 4 → 18/06/25 : 1pm to 3pm

To book onto this course, please contact your locality workforce lead.

CPD Training for Primary Care Nurses and AHPs

Immunisation Update – Infection Matters

What we will cover:

- Revision on training requirements, where to find immunisation information/get queries answered.
- Update on vaccine storage, legislation relevant to vaccination and correct administration
- Any changes to vaccine recommendations or national policy, new resources.
- Current issues in immunisation.

Course Dates:

All training will be delivered virtually.

- Tuesday 11/02/25 13:30 to 17:00
- Wednesday 26/02/25 13:30 to 17:00
- Thursday 27/02/25 09:30 to 13:00
- Tuesday 11/03/25 09:30 to 13:00
- Wednesday 12/03/25 13:30 to 17:00
- Wednesday 19/03/25 09:30 to 13:00
- Tuesday 25/03/25 13:30 to 17:00

To book onto this course, please contact your locality workforce lead.

CPD Training for Primary Care Nurses and AHPs

CKD Study Day - Et AI Training

Course details :

The role of the tests for CKD are immortalised in the “TV style kidney chef” production where we turn blood into urine in front of your very eyes! The latest NICE Guidance for CKD is covered , so from diagnosis to the appropriate management principles for CKD in primary care is explained, with the very important aspect of when to refer included.

Avoiding acute kidney injury (AKI) is a vital aspect of primary care management of hypertension, CKD and simply the elderly population. This study day demystifies this and offers practical solutions. The day is relaxed and interactive using demonstrations, case studies and totally focused on what people working in general practice need to know and do about kidneys.

What’s the result?

At the end of the day, you will understand:

- The importance of CKD & relevance in prevention of CVD.
- The benefits & limitations of testing renal function.
- The function of the normal kidney & what goes wrong in CKD.
- The rationale behind National Clinical Guidelines for the management of CKD.

When: Friday 16 May 2025 9am to 4pm

Where: Online, live and interactive Study Day

Computer access with a camera and microphone is essential and we suggest accessing from home.

To book onto this course, please contact your locality workforce lead.

CPD Training for Primary Care Nurses and AHPs

Mental Health Study Day – Et al training

Course details:

This course will help you know more about mental health and ill health. We will talk about the issues that people find it hard to open up about such as suicidal feelings and self-harm.

We will look at common mental health problems and the key features, what to look out for and how to recognise them. Importantly, we will equip you with ways of asking about and speaking to patients about mental health that mean that will reduce those common anxieties such as ‘opening a can of worms’ or ‘making things worse’.

When: Wednesday 18 June 2025
9am to 4pm

Where: Online, live and interactive
Study Day

Computer access with a camera and microphone is essential and we suggest accessing from home.

For further information, please follow link below

<https://www.etaltraining.co.uk/mental-health>

To book onto this course, please contact your locality workforce lead.

CPD Training for Primary Care Nurses and AHPs

Motivational Interviewing – Et al training

Course details:

If you spend your life explaining what your service users should, could, must or need to do then this is the course for you.

Motivational interviewing is a style of communication that uses a guiding/reflective style to engage with people, clarify their strengths and aspirations, and utilise their own motivations for change, and promote independence of decision making.

For further information, please follow link below

<https://www.etaltraining.co.uk/motivational-interviewing>

What's the result?

- Gain an overview of an effective alternative to trying to be persuade people to change their behaviour.
- Gain an appreciation of how people can use their own motivations and find their solutions for behaviour change.
- Tune our listening from “to be understood.” into “listening to understand”.
- Discover how questions, reflections, affirmations and summaries can be used to facilitate a more effective conversation about behaviour change.
- Observe how reflective listening can help when people’s emotions are running high.

When: Tuesday 4 March 2025 9am to 4pm

Where: Online, live and interactive Study Day

Computer access with a camera and microphone is essential and we suggest accessing from home.

To book onto this course, please contact your locality workforce lead.

CPD Training for Primary Care Nurses and AHPs

Stroke Management & Prevention in Primary Care – Et al training

At the end of the day delegates will have an appreciation of:

- The impact of Stroke and the implications of TIA.
- The impact of stroke in atrial fibrillation.
- The importance of effective thromboprophylaxis for those at risk.
- The normal clotting process and what may go wrong.
- The benefits and limitations of pharmacological and non-pharmacological interventions available for prevention & treatment.

When: Friday 21 March 2025 9am to 4pm

Where: Online, live and interactive Study Day

Computer access with a camera and microphone is essential and we suggest accessing from home.

For further information, [click here](#)

To book onto this course, please contact your locality workforce lead.

CPD Training for Primary Care Nurses and AHPs

Heart Failure Study Day for Primary Care – Et al training

By the end of the day, you will understand:

- The practice population at risk of developing heart failure
- The impact of heart failure on the individual and wider practice population
- The importance of effective management for those with heart failure
- The benefits and monitoring of pharmacological interventions available for treatment
- The rationale behind the Current Clinical Guidelines for the diagnosis and management of heart failure in primary care

When: Thursday 27 February 2025
9am to 4pm

Where: Online, live and interactive
Study Day

Computer access with a camera and microphone is essential and we suggest accessing from home.

For further information, [click here](#)

To book onto this course, please contact your locality workforce lead.

CPD Training for Primary Care Nurses and AHPs

Travel Health Update – Jane Chiodini

This training is suitable for Practice Nurses whose role involves administering travel vaccinations or advising on travel health as part of their clinical practice.

Course Aim:

This course aims to update the knowledge and skills of Health Care Professionals around travel health and vaccinations. It will specifically focus on:

- The Travel Health Risk Assessment including Yellow Fever Risk Assessment
- Malaria
- Malaria Prophylaxis
- Mosquito Borne Disease
- What's new

Learning Objectives:

Upon successful completion of the course, delegates will be able to:

- Perform a thorough travel health risk assessment
- Understand where to find up-to-date information and guidelines on travel-related topics such as malaria, travel vaccines and outbreaks
- Understand the health promotion aspect of the travel health consultation

Course Dates:

All learning will be online. The course comprises 8 hours of learning, but you will have 4 weeks in which to complete it. If you finish before this timescale, you continue to have access to the platform until the date of expiry. The opportunity to ask questions and engage with an online forum is available but no online meetings are required for this course – you can study it at your own pace when it suits you.

Coupons to access the course material are provided by GMTH

To book onto this course, please contact your locality workforce lead.

CPD Training for Primary Care Nurses and AHPs

New to Travel Health – Jade Chiodini

This course comprises the two days of learning recommended by the [RCN Competency framework](#) publication and follows the curriculum for registered healthcare practitioners as described in the '[Good Practice Guidance for Providing a Travel Health Service](#)' document from the Faculty of Travel Medicine of the Royal College of Physicians and Surgeons of Glasgow

Course objectives:

- Provide you with a basic knowledge for the key aspects within a travel consultation
- Raise your awareness of the complexity of travel medicine practice
- Increase your confidence to conduct a travel consultation, whilst recognising the levels of competence required to deliver good care and the regulations which govern it
- Lead you to further tools and resources to use within your practice, thus enhancing your knowledge and learning

Course Dates:

All learning will be online. The course take a minimum of two full days to study. However, this can be done on the platform at a time to suit you over eight weeks. If you finish before this timescale, you continue to have access to the platform until the date of expiry. The opportunity to ask questions and engage with an online forum is available but no online meetings are required for this course.

Coupons to access the course material are provided by GMTH

To book onto this course, please contact your locality workforce lead.

CPD Training for Primary Care Nurses and AHPs

Leading in Primary Care – Christopher Lewis

Prerequisites:

Prior to the training, all delegates will have completed the SDI® 2.0, and the 'Leadership Styles' questionnaire. These will be sent out 2 weeks prior to the course date.



During the 2-day Face to Face training, we will:

- Explore the concept of leadership and the qualities of an effective leader
- Explore and develop your understanding of the Strength Deployment Inventory (SDI®), within a leadership context, developing your authentic leadership style and behaviours.
- Using the SDI®, appraise your own and others behavioural styles and values
- Explore effective leadership communication and motivation techniques
- Explore a variety of leadership models to help support effective leadership development
- Explore leadership challenges within Primary Care and how they can be led more effectively.

Course Dates:

The two-day face-to-face training will take place on the following dates:

Course 1:

Tuesday 1 April 2025 to Wednesday 2 April 2025
09:00 to 16:30
Location TBC

Course 2

Tuesday 15 July 2025 – Wednesday 16 July 2025
09:00 to 16:30
Location TBC

To book onto this course, please contact your locality workforce lead.

CPD Training for Primary Care Nurses and AHPs

Minor Illness – M&K Update

The established and very popular conveniently packaged course, which is delivered by clinical experts who have up-to-date working knowledge and skills. The course is aimed at nurses but will also appeal to allied health professionals.

Content:

- Taking a clinical history: communication skills, record keeping.
- Documentation and record keeping; certification (NHS and private).
- Evidence-based practice.
- Legal and professional responsibilities.
- How to conduct a physical examination.
- Recognising common presentations.
- Upper respiratory tract: colds & flu, cough, sore throat, fever, nose bleeds.
- Eyes and ears.
- Skin infections: rashes, wounds, bites and stings, lesions, parasites, allergy.
- Head, neck and back: headache, head injury, pain, mouth and dental problems.
- Abdomen: pain, diarrhoea and vomiting, indigestion, constipation.
- Gynaecology: vaginal discharge, pain, menstrual problems, contraception.
- Mental health: depression, anxiety, phobia.

The three-day face-to-face training will take place on:

When: TBC

Where: TBC

To book onto this course, please contact your locality workforce lead.

CPD Training for Primary Care Nurses and AHPs

Understanding Blood Results – M&K Update

Early recognition of abnormalities can avert potential life threatening or at least harmful situations. This well established and respected two-day course allows the candidate a chance to fully understand routine haematology and biochemistry results.

Content:

- Full blood count; parameters of the full blood count.
- Haemoglobin and erythrocyte physiology; ESR, INR.
- Clinical examples workshop.
- Patterns in anaemia.
- Differential white cell count.
- Clinical biochemistry.
- Clinical electrolyte and water homeostasis.
- Hypo and hypernatremia.
- Potassium homeostasis.
- Liver function tests.
- Thyroid function tests.
- Clinical case studies.

Course Aims:

- Routine full blood count results
- Clinical physiology of the haematological system
- Routine biochemistry tests and electrolyte and water homeostasis
- Physiology of liver and cardiac enzymes
- Clinical implications of results

The two-day face-to-face training will take place on:

When: TBC

Where: TBC

To book onto this course, please contact your locality workforce lead.

CPD Training for Primary Care Nurses and AHPs

Gynaecology Assessment & Examination – M&K Update

This evidence-based two-day comprehensive workshop aims to develop clinical knowledge and examination skills of nurses working in primary care. The course covers all the commonly presenting gynaecological conditions.

Content:

- Commonly presenting conditions discussed: menstrual disorders, abdominal vaginal bleeding, pelvic pain.
- Genital prolapse and insertion of supporting vaginal pessaries.
- Menopausal problems and associated treatments.
- Vaginal discharge.
- Problems in early pregnancy.
- Commonly presenting cancers of the female genital tract.
- Abnormal smears and colposcopy.
- Disorders of the vulva.
- Update on contraception.
- Clinical skills.
- Legal and professional considerations.

Course Aims:

- Develop a comprehensive understanding of common gynaecological conditions and their management.
- Develop clinical examination skills of the female genital tract.
- Anticipate and understand appropriate investigation and treatment of presenting conditions.

The two-day face-to-face training will take place on:

When: TBC

Where: TBC

To book onto this course, please contact your locality workforce lead.

CPD Training for Primary Care Nurses and AHPs

Men's Health

- **Topics covered:**
- Introduction to male health - statistics and prevalence
- Recognising signs and symptoms suggestive of cancer, specifically prostate including its primary care management
- Erectile dysfunction
- Sexual health update
- Additional hot topics

Session Dates:

All sessions will take place virtually via Teams

When:

- Wednesday 12 March 2025
9am to 1pm
- Wednesday 11 June 2025
9am to 1pm

To book onto this course, please contact your locality workforce lead.

CPD Training for Primary Care Nurses and AHPs

Foundations of Contraception, Reproduction and Sexual Healthcare (CRASH) - University of Bolton

- The aim of this module is to enhance your knowledge and understanding to enable you to deliver comprehensive healthcare in relation to the field of contraception, sexual and reproductive health.

Module Learning Outcomes:

- Critically analyse the key concepts associated with delivering ethical, safe and effective contraceptive, reproductive and sexual health care.
- Critically appraise the legislation and national policies which guide practice.
- Critically evaluate and demonstrate the application of evidence-based practice within the specific field of practice.

Course dates: TBC

This module is delivered over 4 weeks / sessions using a *Campus Plus* blended learning approach. This involves timetabled face-to-face campus-based and online sessions. You are also expected to carry out your own independent study including research and assessment activities.

To book onto this course, please contact your locality workforce lead.

CPD Training for Primary Care Nurses and AHPs

Understanding Triage Methodologies, Patient Prioritisation & Care Pathways - University of Bolton

- The aim of this module is to provide you with the knowledge required to utilise triage processes and decision-making theories to assess the urgency of patients' needs and apply principles of prioritisation and the identification of red flags.

Module Learning Outcomes:

- Demonstrate a critical understanding of triage methods and the differences between them.
- Critically analyse patient centred decision-making using evidence-based practice and local and national policy and guidelines.
- Synthesise and critique the importance of effective consultation skills and communication to the patient and multi-disciplinary team.

Course dates: TBC

This module is delivered over 4 weeks / sessions using a *Campus Plus* blended learning approach. This involves timetabled face-to-face campus-based and online sessions. You are also expected to carry out your own independent study including research and assessment activities.

To book onto this course, please contact your locality workforce lead.

CPD Training for Primary Care Nurses and AHPs

Women's Health – Dr Amy Tatham

This half day course will provide information on women's health concerns commonly presenting in primary care including how to manage and when to refer. This day of education is relevant for any primary care healthcare professional who is interested in learning more about women's health.

The learning outcomes are to:

- Understand the menstrual cycle.
- Be able to recognise the common causes of 'bleeding' problems and gain an understanding of the relevant investigations and management in primary care.
- Understand the causes of polycystic ovary syndrome and fertility problems, the investigations and support to be offered and when referral is indicated.
- Be able to support women with urinary incontinence by recognising the causes, supporting with lifestyle advice, and knowing when to refer.
- Appreciate the various types of prolapse and ways to manage in primary care.
- Understand the 5 different gynae cancers including appreciating risk factors, how they present, and referral recommendations and pathways.

Session Dates:

All sessions will take place virtually via Teams

When:

TBC

To book onto this course, please contact your locality workforce lead.

CPD Training for Primary Care Nurses and AHPs

Contraception and Sexual Health – Dr Amy Tatham

This course will introduce contraception and sexual health in primary care. This day of education is relevant for any primary care healthcare professional who is interested in learning more about women's health and has limited experience.

The learning outcomes are to:

- Understand the contraceptive options available.
- Appreciate the risks and benefits of each of the contraceptive options.
- Be able to support women in their choice of contraception.
- Be able to undertake a pregnancy risk assessment.
- Be able to undertake a repeat contraception appointment.
- Gain an understanding of starting and switching contraceptive methods.
- Appreciate the need for emergency contraception and the recommendations of each option.
- Understand the common infections, sexually transmitted and non-sexually transmitted.
- Know where to signpost for further information and where/when to refer.

Session Dates:

All sessions will take place virtually via Teams

When:

TBC

To book onto this course, please contact your locality workforce lead.

CPD Training for Primary Care Nurses and AHPs

Autonomous CPD

The aforementioned is not an exhaustive list of CPD. For anyone who wants to apply for training that is outside of the GM CPD offerings, please contact your locality lead who will be able to facilitate your request.

Jennie.nield@nhs.net

CPD Training for Primary Care Nurses and AHPs

Application Overview

1. Pick what courses you want from the GMP CPD 2024/25 brochure
2. Let your locality CPD lead know what courses you want to apply for. Some localities have their own EOI.
3. Let your practice manager know the times and dates for the courses.
5. Create a 'Save the date' in your Outlook calendar
4. 4-6 weeks prior to the course, we will be in touch regarding dietary requirements, parking information etc. For online sessions we will send Teams or Zoom invites

CPD Training for Primary Care Nurses and AHPs

CPD Locality Teams

Bury – Katie Heselwood and Lisa Lucas

Contact Details

katie.heselwood@nhs.net

lisa.lucas2@nhs.net

HMR – Dawn O'Brien and Samantha Austin

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dawn.o'brien1@nhs.net

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Manchester – Alison Morgan and Catherine Whitrow

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Oldham – Tariq Sharf

Contact Details

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Salford – Moira Ogunsakin

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Stockport – Maria Murphy and Helen Leonard

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Tameside – Jennie Nield

Contact Details

jennie.nield@nhs.net

Trafford – Henrietta Bottomley

Contact Details

henrietta.bottomley@nhs.net

Wigan – Anne Burgess and Liz Wise

Contact Details

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CPD Training for Primary Care Nurses and AHPs

